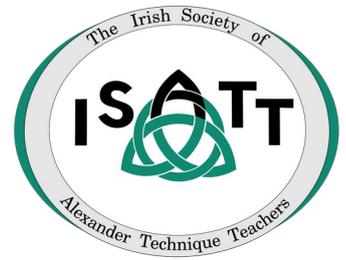


# Constitution



## Preamble

The Irish Society of Alexander Technique Teachers (ISATT) is a non-profit organisation originally set up on 21st June 2004.

## 1. Name and Location

The name of the Society shall be the Irish Society of Alexander Technique Teachers (ISATT), herein after called 'the Society', located at the following address: ISATT Office, Kirkullen Lodge, Tooreeny, Moycullen, County Galway H91 DN2A Email: [info@isatt.ie](mailto:info@isatt.ie) Website: [www.isatt.ie](http://www.isatt.ie)

## 2. Vision

Using the Alexander Technique we hope to create a world where people are more conscious and are able to make constructive choices, which are free from habitual behaviour.

## 3. Mission

To promote and deepen the discoveries and developments of F M Alexander in Ireland.

## 4. Intentions

- Provide a forum for Alexander Technique Teachers in Ireland in which to explore, deepen and share their knowledge and application of the work in a non-judgemental way.
- Maintain a professional relationship with Alexander Technique International, STAT and similar professional societies and associations.
- Promote the work to Government Departments, Healthcare Providers, Healthcare Insurers, Broadcast Media and interested bodies, parties and persons in Ireland.

## 5. Means Whereby

- Develop a network of teachers and student teachers in Ireland.
- Issue certificates recognising the teaching competencies of members.
- Run or support professional development seminars and workshops.
- Publish a code of ethics for members.
- Provide a brochure for its members.
- Provide and update a website to inform public of Alexander Technique and list current teachers.
- Develop working relationships with policy makers in education, healthcare, healthcare providers and healthcare insurers in Ireland.
- Develop contacts with broadcast and press locally and nationally.
- Source competitive insurance cover for Alexander Technique Teachers in Ireland.
- Appoint officers to deal with specific activities of the Society.
- Issue a periodic newsletter to all registered members and others as decided by the Executive Committee.
- Accept subscription, donations and bequests for all or any of the purposes aforesaid for the purposes of the Society.
- Deal with the Society's monies in such manner as will further the objectives of the Society as may be thought fit and to invest monies of the Society not required for its immediate purposes in such investments as may be thought appropriate by the Executive committee.

## 6. Membership

Full membership of the Society will be granted to applicants of good standing who have completed a minimum of three years and 1600 hour training programme.

The annual subscription to the Society shall be determined by the Committee at its AGM.

The subscription of each member shall be for the calendar year and shall be due and payable on joining, and thereafter on January 1st each year.

To be of good standing a member must be qualified as above, have agreed to abide by the code of ethics of the Society, have paid their current subscription and have no known reason for not being admitted.

## 7. Finance

The Society will operate on a non-profit basis and all incoming monies derived from any source under these Rules shall be devoted to advancing the objects of the Society. In the event of

dissolution of the Society any funds remaining after the satisfaction of all debts and liabilities shall be transferred to a body or bodies having the advancement of F M Alexander's work as its main object.

All incoming monies acquired by the Society shall be deemed to be vested in the Committee, which shall act as trustees for the members under the chairmanship of the Hon. Treasurer.

The Committee shall place any funds of the Society at any bank in the name of the Society, but cheques for the withdrawal of such funds must be signed by the Chair and Hon. Treasurer and in the absence of either of the foregoing by the Vice-Chair or Hon. Secretary.

When a person has been admitted by the Committee and has paid the first annual subscription, he or she shall be a member of the Society and shall be deemed to be bound by these Rules and Bye-Laws made in accordance therewith.

A member whose subscription is more than twelve months in arrears may be deemed to have resigned.

## **8. Committee**

The business of the Society shall be conducted by a Committee comprising the Chair, Vice-Chair, Honorary Secretary, Honorary Treasurer and not more than three other members of the Society. In the absence of the Chair, the Vice-Chair shall take the Chair at meetings of the Committee. In the absence of both the Chair and Vice-Chair the meeting shall elect its Chair.

Meetings of the Committee shall be called by the Honorary Secretary not less than once in every quarter of the year.

The Committee may fill by co-option any casual vacancies which may occur in the Committee or Officer ship of the Society but the person so filling the vacancy shall retire at the Annual General Meeting next following his or her co-option and shall be eligible for re-election.

The Committee may from time to time make, vary and revoke Bylaws not inconsistent with these Rules for the regulation and conduct of its proceedings, and of the conduct of the Society generally.

## **9. Annual General Meeting**

The Annual General Meeting shall be held once in every calendar year to transact the following business:

To receive and, if approved, to adopt the Chair's Annual Report and the Honorary Treasurer's Statement of the Society's accounts to the end of the last preceding financial year of the Society.

To elect Officers and Committee of the Society according to Rules below.

To elect Auditors for the Society.

To deal with any other business proper for the transaction of an Annual General Meeting.

At the Annual General Meeting the Chair shall be occupied by the Chair of the Society or in his/her absence, the Vice-Chair.

All Officers and Members of the Committee shall retire each year but shall be eligible for re-election at the Annual General Meeting.

The Honorary Secretary shall send a notice convening the Annual General Meeting to all members not less than fourteen days before the date of the meeting.

Voting at Annual and Special General Meetings of the Society shall be in person.

Election to the Officer ship and Committee of the Society shall be by open vote of those present at the Annual General Meeting.

## **10. Honorary Members**

The Committee may from time to time elect as Honorary Members of the Society such persons as in the opinion of the Committee it shall be in the interest of the Society to admit to Honorary Membership. Subscription fees will not be payable by persons so admitted.

## **11. Quorum**

Quorum at all meetings i.e., Annual General, Special General Meeting and Committee Meeting shall be four in the case of the Committee and ten in the case of General Meetings other than a Dissolution Meeting.

## **12. Alterations to Rules**

No alteration shall be made in the Constitution or in these Rules and no addition shall be made thereto except by a Resolution of which 21 days notice shall be given prior to the Annual General Meeting or Special General Meeting. This Resolution shall be passed by a majority of not less than two-thirds of the members present and voting on the Resolution, provided that no such alteration shall affect Rule 4, 7 or this Rule.

### **13. Tied Vote**

Questions arising at any meeting of the Society, or of the Committee, shall be decided by a majority of votes and in cases of an equality of votes the Chair of the body transacting the business shall have a second or casting vote.

### **14. Dissolution**

A Resolution to dissolve the Society shall be proposed only at a Special General Meeting and shall be carried by a majority of three-quarters of the members present.

### **15. General Information**

Minutes will be taken at each meeting normally by the honorary secretary or a member of the committee in his/her absence. This Constitution and Rules was adopted at the Inaugural Meeting of the Society on 21st June 2004 and came into immediate effect.